Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Thursday 07 Jul 2022 until 23:59 on Friday 08 Jul 2022

Forecast Issued on Thursday 07 Jul 2022 at 02:50 by Met Office Aberdeen

Confidence: High confidence for mostly settled conditions through the next five days with any rain mainly light and patchy. Low confidence however for details of low cloud Thursday and early on Friday with uncertainty surrounding dividing line between low cloud in west and brighter conditions in east.

Headline for Thursday 07 Jul 2022: Low cloud and patchy drizzle in the west. Perhaps some brighter conditions in east. Windy on the tops.

Mountain weather hazards on Thursday 07 Jul 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
High Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Fog	Sunny intervals	Fog	Drizzle	Light rain	Light rain
Precipitation probability					
10%	20%	30%	20%	50%	50%

Forecast for Thursday 07 Jul 2022

Weather: Low cloud and patchy rain or drizzle will affect western ranges for much of the day. Eastern ranges perhaps seeing some bright or sunny spells for a time in the morning, before rain, drizzle and low cloud begins to affect these hills also in the afternoon and evening. Rain or drizzle mostly light but a few heavier bursts are possible later in the afternoon and evening.

Chance of cloud-free hill tops above 800m: 30% becoming 10% in the afternoon. Best chances across eastern ranges in the morning.

Low cloud and visibility: Areas of low cloud down to 400 m in the morning will mainly affect western ranges, with fewer amounts towards the east. Cloud becoming more extensive in the afternoon and evening with little differentiation between east and west. Very poor visibility within low cloud, otherwise moderate or good.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Mountain Weather Forecast

Forecast for Thursday 07 Jul 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	16/19 W	22/27 W	21/29 SW	25/34 W	22/30 SW	20/27 SW	21/29 SW
900	15/18 W	20/25 W	19/27 SW	24/33 W	20/28 SW	18/25 SW	20/27 SW
600	12/16 W	16/21 SW	15/22 SW	19/27 SW	16/23 SW	15/22 SW	15/22 SW
300	1/15 W	5/21 W	6/20 W	8/26 W	5/21 SW	4/20 SW	5/21 SW
Glen	4/8 W	6/11 W	9/17 SW	10/19 W	9/19 SW	8/17 SW	9/17 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/1	7/2	9/4	9/5	8/4	8/4	8/4
900	6/2	8/4	9/6	10/6	9/5	9/5	8/5
600	8/5	10/6	11/8	12/8	11/8	10/8	10/7
300	10/10	12/12	13/12	14/12	12/12	12/11	11/10
Glen	12/12	14/13	14/13	15/14	14/13	14/12	13/12
Freezing Level*	2900m	3000m	2800m	2900m	3100m	2800m	2300m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing to add.

Forecast for Friday 08 Jul 2022
Weather: Low cloud and patchy rain or drizzle continuing overnight. Conditions should start to turn brighter during the morning with a dry and bright, albeit breezy afternoon. Strong westerly winds at height.

Maximum wind: Westerly, mean 30 mph, gusting 40-45 mph.

Chance of cloud-free hill tops above 800m: 10% overnight, 70% during the day.

Low cloud and visibility: Low cloud at times down to 400 m overnight. Mostly lifting and breaking during the day but patchy low cloud may persist down to 600 or 700 m. Mostly good visibility away from low cloud.

Temperature: **Glens:** Plus 11 Celsius rising to plus 14 Celsius.
At 800m: Plus 8 Celsius rising to plus 10 Celsius.
Freezing level: Above summits.

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